

# Minerals and Vitamins for Goats and Sheep

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# Goat Program at Langston University

- ◆ Web site [www.luresext.edu](http://www.luresext.edu)
- ◆ Research Nutrient Requirements
- ◆ Internal Parasites
- ◆ Field Day April 26<sup>th</sup>
- ◆ Newsletter

# Nutrients Required by Animals

- ◆ Energy
- ◆ Protein
- ◆ Water
- ◆ Vitamins
- ◆ Minerals

# Vitamins

- ◆ Fat soluble A,D,E,K
- ◆ Vit A deficient in bleached or weathered hay or stockpiled forage
- ◆ Vitamin D sunshine vitamin
- ◆ Vitamin E linked to Selenium
- ◆ Supplements and Mineral mix
- ◆ Body stores

# General Recommended Vitamin Levels

- ◆ Vitamin A 5,000 IU/lb
- ◆ Vitamin D 2,000 IU/lb
- ◆ Vitamin E 80 IU/lb

# B Vitamins

- ◆ Water soluble
- ◆ Synthesized by rumen microbes
- ◆ Deficiency of Thiamin
  - ◆ Polioencephalomalacia
  - ◆ Coccidiostat Corid Amprolium
  - ◆ High concentrate diets especially with S-Molasses

# Niacin

- ◆ Useful in lactating animals
- ◆ Increases milk production
- ◆ Reduces incidence of ketosis
- ◆ Feed .25-.50 g/d

# Macro minerals

- ◆ Calcium, Phosphorus, Magnesium, potassium, sodium, Chloride, Sulfur
- ◆ Requirements    Cal    Phos
- ◆ Dry                    .4%    .3%
- ◆ Lactating            .6       .4
- ◆ Ca:P    1.3-2.0



# Calcium Level .4%

- ◆ Functions in bone, muscle and nerve contractions
- ◆ Deficiency causes rickets, bowed limbs, lameness
- ◆ Vitamin D necessary for calcium absorption
- ◆ Most grains are deficient in calcium

# Phosphorus Level .3%

- ◆ Function in soft tissues and bone growth, body pH
- ◆ Deficiency reduces growth, pica, depraved appetite
- ◆ Expensive feed ingredient
- ◆ May be close to adequate if poultry manure has been applied

# Magnesium Level .18-.4%

- ◆ Functions as a component of bones and function of nervous and muscle system
- ◆ Major deficiency symptom is grass tetany on lush cool-season pastures
- ◆ Excitability, staggering, convulsions loss of appetite
- ◆ Feed palatable mineral with high level of magnesium

# Potassium, Sodium, Chloride .8-2.0%

- ◆ Electrolytes in body
- ◆ Minerals lost in diarrhea
- ◆ Deficiency causes reduced growth, pica-depraved appetite, stiffness
- ◆ Salt is sodium chloride
- ◆ Potassium seldom deficient

# Sulfur Level .2-.32%

- ◆ Functions in protein synthesis, milk and hair production
- ◆ Deficiency causes poor performance, hair loss, excessive saliva and tears
- ◆ Feeds with natural protein sources provide sufficient sulfur

# Providing for Macromineral Requirements

- ◆ Necessary to know hay and grass analysis
- ◆ Many protein supplements contain macro and trace minerals and vitamins
- ◆ Mineral supplement with min 12% calcium, 7% phosphorus
- ◆ Read the label

# Urinary Calculi Prevention

- ◆ No supplemental P
- ◆ Add Ca to 2.0-2.5 Ca:P ratio
- ◆ No milking ration
- ◆ Plenty of clean liquid water
- ◆ Salt
- ◆ Ammonium chloride .5%
- ◆ Biochlor 4.0 oz./day

# Problems With Goat Trace Mineral Nutrition

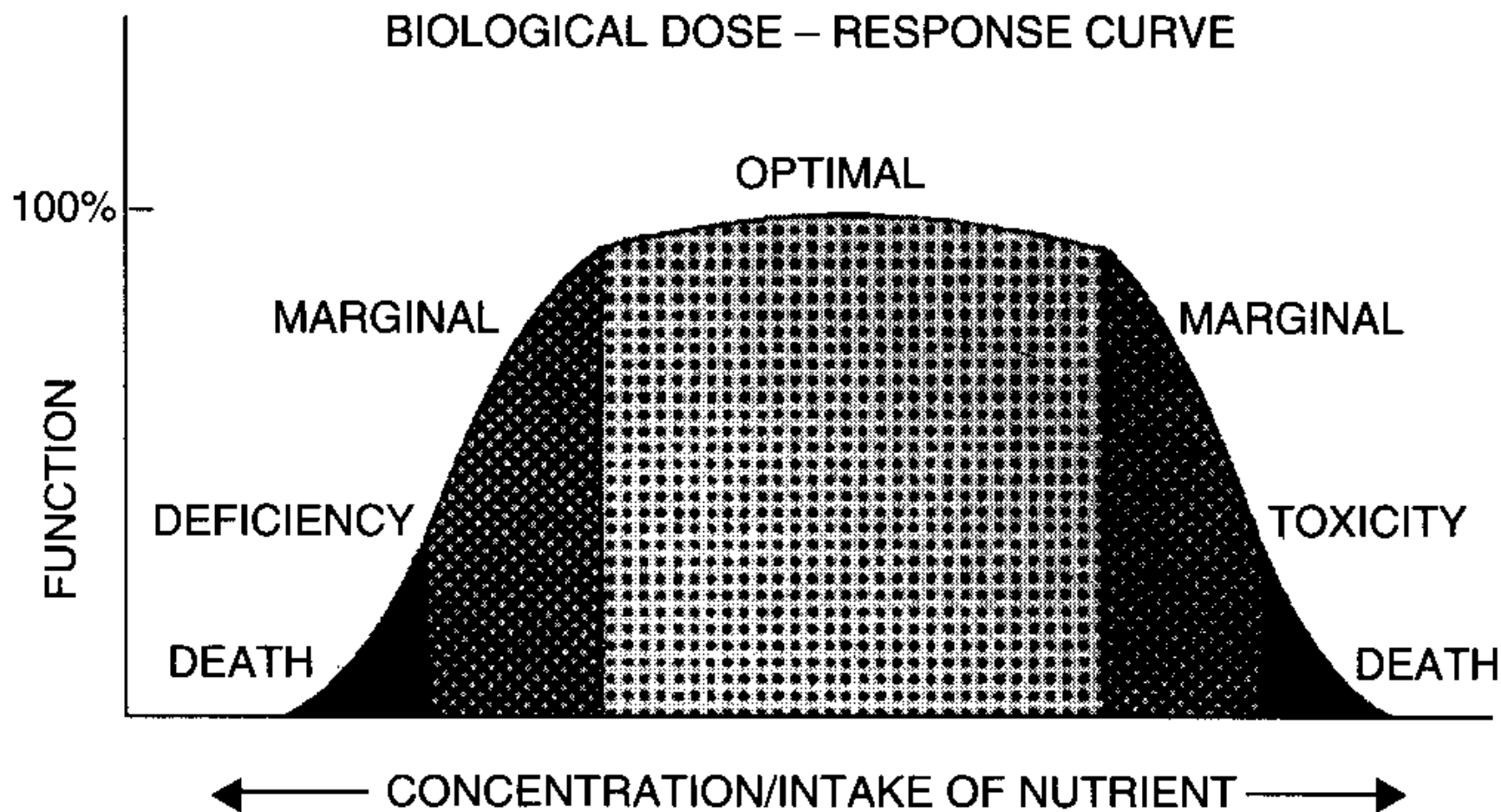
- ◆ Mineral requirements for goats are not well known
- ◆ Sheep requirements are better known.
- ◆ May be breed differences in requirements
- ◆ Stress increases mineral requirements?
- ◆ Poor and variable intake of mineral supplements by goats



# Problems With Goat Trace Mineral Nutrition

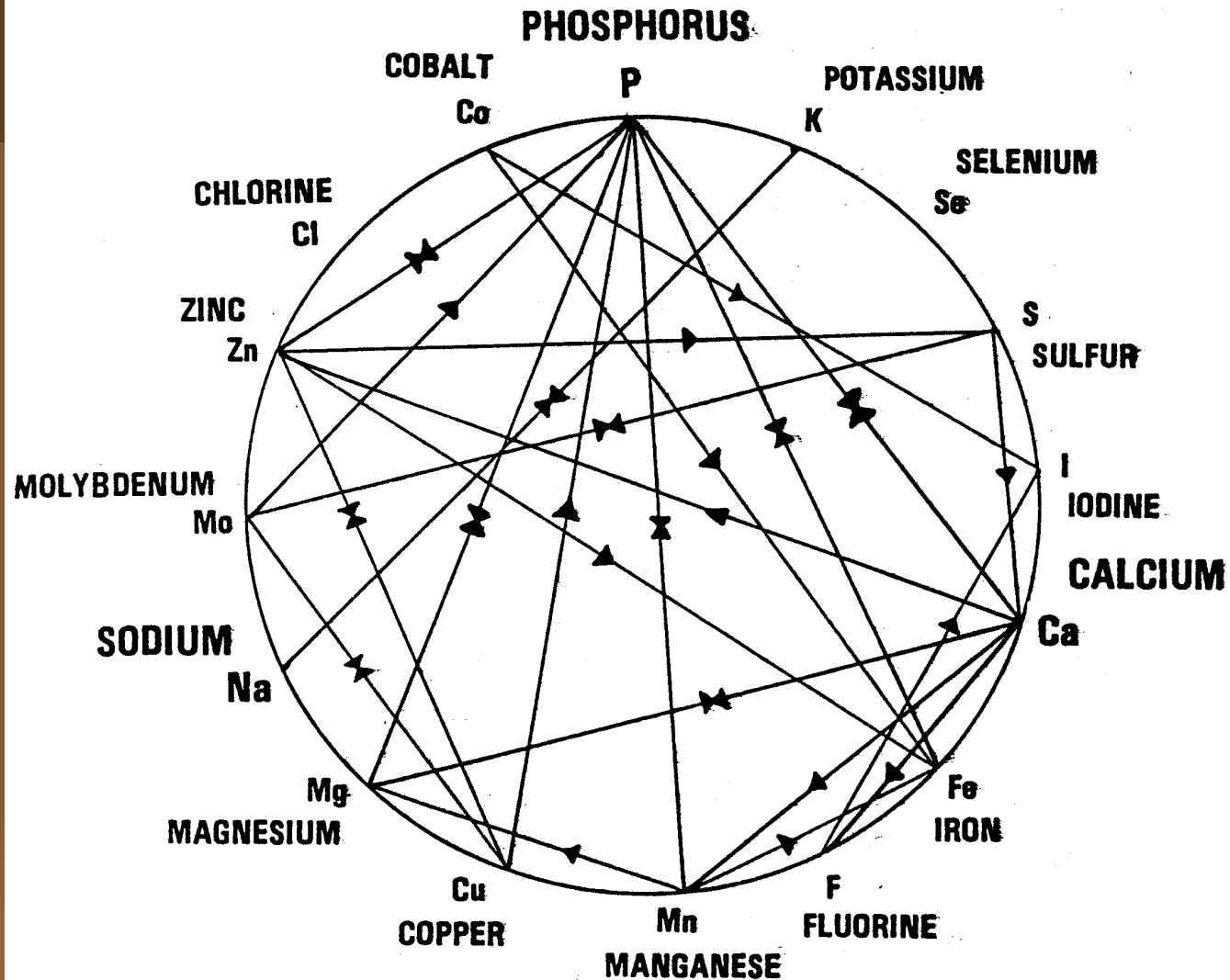
- ◆ Differences in forage mineral content
- ◆ Major affect by geology
- ◆ Soil pH affects mineral availability
- ◆ Plant species, stage of maturity and environment
- ◆ Goats consume a variety of plants

# Problems With Goat Trace Mineral Nutrition

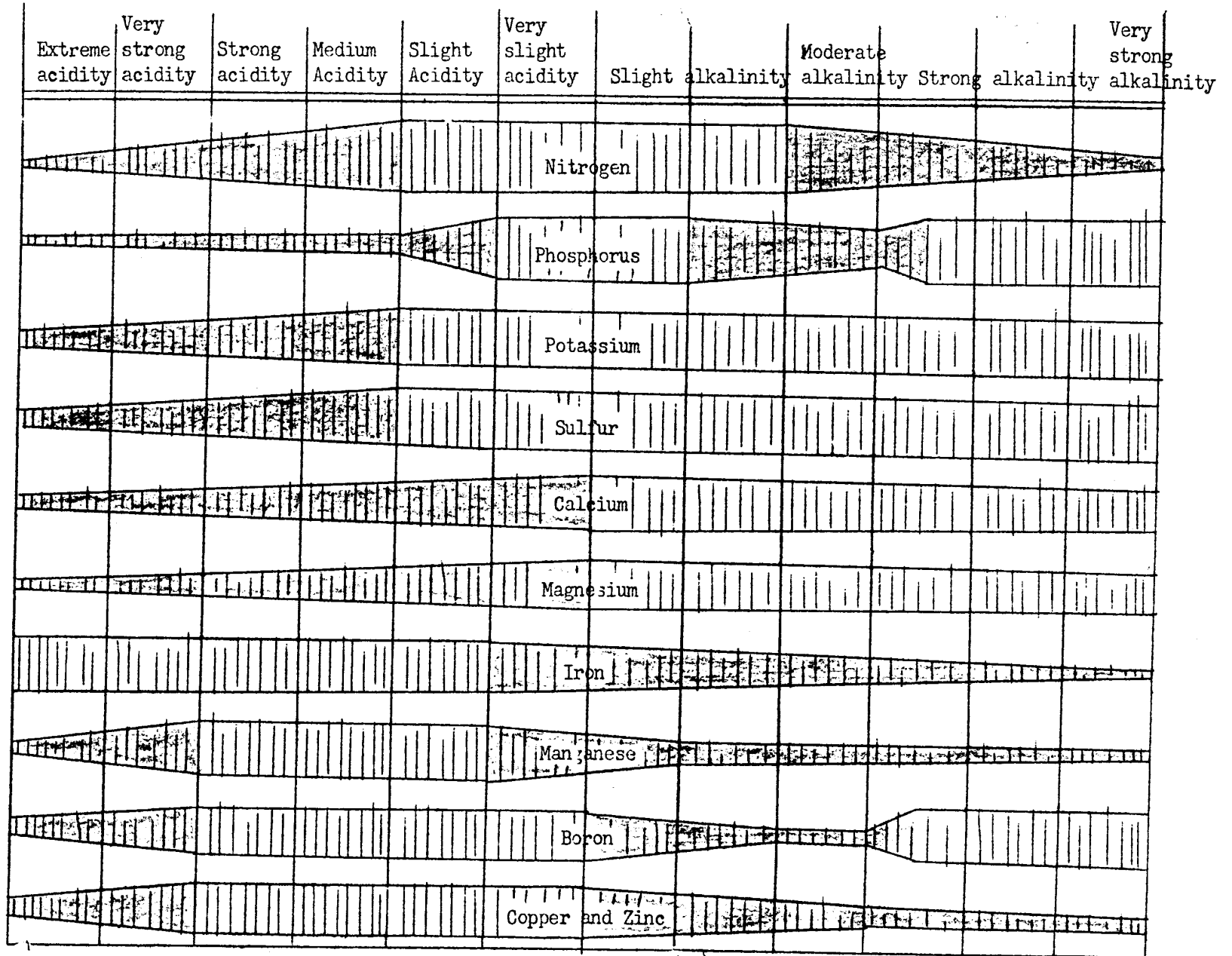


*Figure 5: Dependence of animal function on intake of an essential nutrient [Courtesy of W. Mertz, U.S. Department of Agriculture, Beltsville, Maryland].*

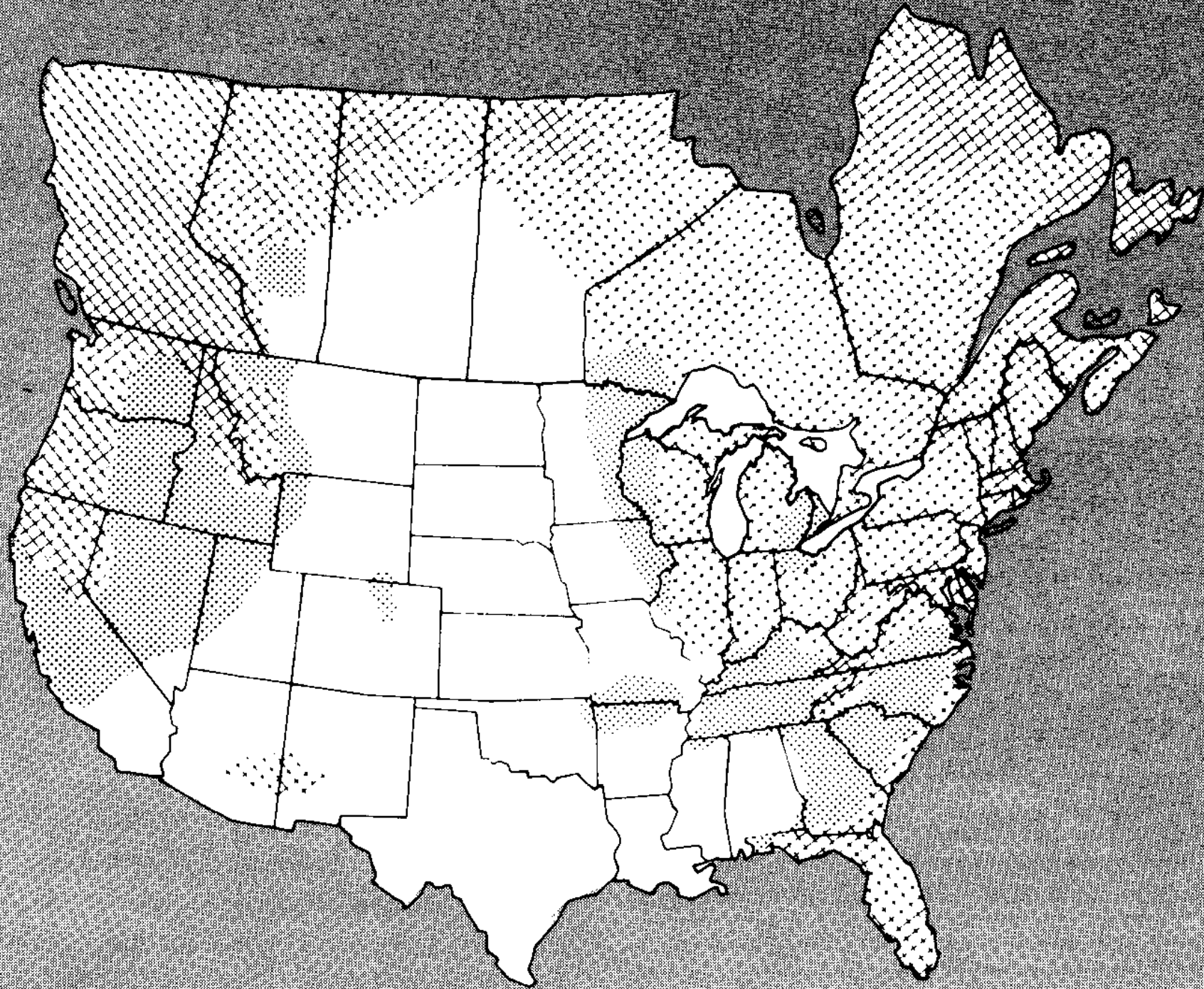
# MINERAL INTERRELATIONSHIPS



.0 pH    4.5    5.0    5.5    6.0    6.5    7.0    7.5    8.0    8.5    9.0    9.5    pH 10



Influence of pH on availability of plant nutrients  
 of.: S.S.S.A.P. 11:305, 1946



# Trace minerals

- ◆ Iron, Iodine, Copper, Molybdenum, Zinc, Manganese, Selenium
- ◆ Beef cattle recommendations
- ◆ NY Selenium, Iodine copper (between Cayuga and Seneca lakes)
- ◆ Plant analysis
- ◆ Blood calcium, phosphorus, sodium, zinc, potassium
- ◆ Bone calcium, phosphorus, magnesium
- ◆ Liver copper iron zinc manganese, selenium, cobalt
- ◆ Custom mineral formulation

# Iron Level 50-1,000ppm

- ◆ Component of hemoglobin in blood
- ◆ Deficiency results in anemia
- ◆ Iron is stored in liver, spleen and bone marrow

# Copper Level 10-80 ppm Sheep 5 – 15 ppm

- ◆ Formation of hemoglobin, enzyme function
- ◆ Deficiency anemia, rough bleached hair coat, diarrhea
- ◆ Goat requirements are similar to cattle



# Cobalt Level .1-10.0 ppm

- ◆ Component of Vitamin B-12
- ◆ Deficiency anemia, loss of appetite, weakness
- ◆ Deficient in the US in few small areas

# Zinc Level 40-500 ppm

- ◆ Functions in immune system, skin integrity and reproduction and hooves
- ◆ Deficiency dermatitis, thick dry patches of skin, hair loss
- ◆ Often used to treat skin problems

# Manganese Level 40-1,000 ppm

- ◆ Function in bone production and reproduction
- ◆ Deficiency reluctance to walk, foreleg deformity, poor reproduction, low birth weight
- ◆ Motherhood mineral

# Iodine Level 1.0-50. ppm

- ◆ Functions as a part of thyroid hormone and reproduction
- ◆ Deficiency causes goiter-enlarged thyroid gland-do not confuse with thymus gland in goats
- ◆ Deficiency reproduction problems, late abortions, hairless fetus

# Molybdenum Level .1-3.0 ppm

- ◆ Function in enzyme xanthine oxidase
- ◆ Deficiency is very rare
- ◆ Depresses copper absorption
- ◆ Need four times copper level as molybdenum

# Selenium Level .2 – 20. ppm

- ◆ Function in reproduction and membrane integrity
- ◆ Deficiency causes white muscle disease, poor reproduction and retained placenta
- ◆ Interacts with vitamin E

# Copper Toxicity

- ◆ Angora goats more sensitive
- ◆ Meat and dairy goats tolerate as much as beef cattle do
- ◆ No need for sheep/goat mineral
- ◆ Goats need more Cu than sheep
- ◆ Breed and individual differences

# Copper Toxicity

- ◆ Liver content best measure
- ◆ Treat with ammonium molybdate and sulfur.
- ◆ Know what is going on in your herd with copper.
- ◆ Use a mineral with appropriate copper level.



# Sheep Macromineral Recommendations

- ◆ Calcium .20-.82%
- ◆ Phosphorus .16-.38%
- ◆ Magnesium .12-.18%
- ◆ Potassium .50-.80%
- ◆ Sulfur .14-.26%
- ◆ Sodium .09-.18%

# Sheep Micromineral Requirements

◆ Mineral	Requirement	Toxicity
◆ Iodine	.10-.80 ppm	50 ppm
◆ Iron	30-50 ppm	500 ppm
◆ Copper	7.-11. ppm	25 ppm
◆ Molybdenum	.50 ppm	10. ppm
◆ Cobalt	.1-.2 ppm	10 ppm
◆ Manganese	20-40 ppm	1,000 ppm
◆ Zinc	20-33 ppm	750 ppm
◆ Selenium	.1-.2 ppm	20 ppm
◆ Fluorine		60-150 ppm

# Forage Mineral Deficiencies in AR

- ◆ Selenium 60% of hay samples
- ◆ Copper 52% of hay samples
- ◆ Zinc 41% of hay samples
- ◆ Magnesium 30% of forage samp
- ◆ Calcium 27% of forage samp
- ◆ Phosphorus 19% of forage sam

# Mineral Supplementation, ppm in diet

◆ Min Req	Goat	KYMin	Cattle	
◆ Intake	1.6%	1.6%	.0625%	
◆ Co	.1	3.8	.32	+
◆ Cu	10	28	12.0	5.0
◆ I	1.0	7.2	.8	.6
◆ Fe	30	200	-	15
◆ Mn	40	200	40	30
◆ Zn	10	200	40	6.3
◆ Se	.2	.80	.6	.22
◆ \$	9.95	5.42	1.65	

# Wholesale cost of providing 100 % of the minerals for a 150 lb goat

◆ Calcium	\$1.15
◆ Phosphorus	4.50
◆ Salt	.40
◆ Magnesium	1.11
◆ Potassium	1.50
◆ Trace minerals	.45
◆ Total	\$ 9.70

# Providing Trace Minerals for Goats

1. Use mineral supplement containing the minerals needed-copper, zinc, and selenium
2. Monitor consumption over a period of time-calculate how long it should take to consume a 50 lb bag
3. Cattle mineral consumption can be increased with dried molasses
4. Avoid excesses and extremes

# Conclusion

- ◆ Provide sufficient protein and energy to keep goats in reasonable body condition
- ◆ Provide an appropriate mineral supplement ie 13-7 and monitor consumption
- ◆ Good nutrition is the first step toward a healthy, productive goat